

# Stages in Mentoring Checklist

EntryPoint Mentoring Programme

<b>Cultivating Rapport</b>	<i>Strongly Agree</i>	<i>Agree</i>	<i>Disagree</i>	<i>Strongly disagree</i>
We have established a good understanding of each other				
I feel relaxed in our meetings				
We understand and respect each other's feelings and opinions				
I feel confident in our mentoring partnership				
<b>Setting Direction</b>	<i>Strongly Agree</i>	<i>Agree</i>	<i>Disagree</i>	<i>Strongly disagree</i>
We have established clear goals for our mentoring partnership				
We have agreed on the objectives, a broad route towards them and ways to measure progress				
We are beginning to surface differences of opinion and to work through them constructively				
The mentee feels comfortable to share different perspectives with the mentor				
<b>Making Progress</b>	<i>Strongly Agree</i>	<i>Agree</i>	<i>Disagree</i>	<i>Strongly disagree</i>
The agenda for our meetings is being set mainly by the mentee				
We have kept the balance of responsibility for managing our mentoring partnership				
We have acknowledged our achievement of goals and milestones				
We have a positive, supportive, nurturing mentoring partnership				
The mentee is much more confident to cope with new or demanding situations than when our mentoring partnership began				
<b>Moving On</b>	<i>Strongly Agree</i>	<i>Agree</i>	<i>Disagree</i>	<i>Strongly disagree</i>
We have largely achieved all the goals we set for our mentoring partnership				
The mentee can now tackle most situations confidently without the mentor's help				
The mentee feels she/he has reached self sufficiency				
We are becoming dependent on each other for advice and support				
We have become friends at a professional level				